



Mental Health
FIRST AID

from NATIONAL COUNCIL FOR
MENTAL WELLBEING

GREATER YOUTH RESOURCE SERVICES, INC.
EDUCATIONAL COLLABORATIVE
COLLABORATION WITH MASSASOIT COMMUNITY COLLEGE
CANTON CAMPUS
&
MASSACHUSETTS PROBATION SERVICES
YOUTH MENTAL HEALTH FIRST AID TRAINING

(MUST BE 18+ TO ATTEND) 3 YEAR NATIONAL CERTIFICATION

Similar to First Aid & CPR, this course prepares you to respond to youth and other individuals who may be experiencing a mental health-related crisis or problem. Topics include anxiety, depression, psychosis, and addiction. Learn what to say, how to use a 5-step action plan and whom to contact for more help. The National Council for Behavioral Health certifies individuals throughout the U.S to provide Mental Health First Aid courses to prepare their communities with the knowledge and skills to help individuals who are developing a mental health problem or experiencing a mental health crisis. Identified on SAMHSA's National Registry of Evidence-Based Programs and Practices, the training helps the public better identify, understand, and respond to signs of mental illnesses.

DATE: Monday, May 19, 2025 @ 9:00 am – 4:30 pm

PLACE: Massasoit Community College Canton Campus

900 Randolph Street, Canton, MA 02021 Room C205 Parking Available

Instructor: Jean Brewster, M.Ed.

To register please contact: Jean Brewster

Email: brewsterj.edu@gmail.com

Please RSVP as soon as possible or by: April 30, 2025 Cell: 617-828-7340

WHO MAY BE TRAINED:

- Health and human service workers
- Educators and administrators
- Caring Citizens
- Human resource professionals
- Members of faith communities
- Mental health front line workers
- Parents & Caregivers
- Policymakers
- Nurses, PA's, Primary care workers
- Homeless shelter workers
- Persons with mental illness & their families
- Social workers
- Police, First responders, corrections & security
- Coaches & Youth support staff
- Substance abuse treatment professionals